

## PROVIDER INFORMATION DOCUMENT

**Practitioner Name:** ELIZABETH VALSALA  
**Title:** REIKI MASTER  
**Address:** 5541 Edwards Drive NE  
Albuquerque, NM 87111-1986  
**Telephone:** 505-299-0011

Reiki is an unlicensed health care practice. No license is required and no New Mexico license exists. Reiki Practitioners usually have certificates representing initiation to each level by a Reiki Master. The Unlicensed Health Care Practice Act permits a complementary and alternative health care practitioner who is not licensed, certified or registered in New Mexico as a health care practitioner to practice in accordance with House Bill 664. I practice in accordance with House Bill 664, which is for unlicensed healthcare practices. The treatment I provide is alternative or complementary to health care services provided by licensed health care practitioners.

I provide both hands-on and distant Reiki treatments and I also teach Reiki classes. Reiki is vital life-force energy—the energy the body, mind and spirit use in self-healing functions. Reiki treatments accelerate healing on all levels—body, mind and spirit. Reiki is safe and cannot harm. A session includes conversation and paperwork clarifying goals and expectations followed by a non-invasive sequence of hand placements that constitute a Reiki treatment. The most common result is profound relaxation with reduced pain.

I have practiced Reiki since February 14, 1988. I have been a Reiki Master since April 29, 1991. I have been a full-time Reiki Master since October, 1991. I regularly continue my education in Reiki, and am mentored by Phyllis Lei Furumoto, Grandmaster of the Usui Shiki Ryoho form of Reiki. I have organized classes for her and for Paul David Mitchell, Head of the Discipline of Usui Shiki Ryoho and have taken additional classes from both. I also have a Bachelor of Arts degree from The University of New Mexico. I have been approved as a Provider in the Access to Recovery (ATR) program, providing Reiki treatments to support recovery from substance addictions. This is a federal program administered by the State Department of Health.

My fees are \$90/\$60/\$45 for hands-on treatments and \$60/\$30 for distant Reiki treatments, including tax. Clients can pay by cash or check (or credit card with a fee.) Should my fees increase; existing clients will be given notice and will be allowed to continue paying the old amount for the first month of the increase. I offer a sliding scale for hands-on treatments. For "heroes"/other discounts, ask for sliding scale.

As a client, you have the right to see any records I keep pertaining to you. You have the right to information about Reiki and Reiki treatment and the expected duration of treatment. I provide a separate statement of confidentiality. Your records are confidential and are stored in a locked file. Anyone who will be on the premises and might encounter information about you, such as your name and phone number, will have signed a HIPAA form promising to keep that confidential. Records and transactions are confidential unless a release is authorized in writing by you or by law.

Complaints may be filed with the State of New Mexico Regulation and Licensing Department (RLD)  
Attention: Superintendent's Office  
Toney Anaya Building, 2550 Cerrillos Road, Santa Fe, NM 87505  
Phone Number: (505) 476-4500  
Fax: (505) 476-4511

Please sign and date the separate statement of confidentiality, which I will keep for 3 years.  
Please also sign below and keep the original copy of this page, leaving a second copy for me to keep for 3 years.

Sign here: \_\_\_\_\_ Date: \_\_\_\_\_

Print name: \_\_\_\_\_